



**3RD E-NEWSLETTER** July 2024

# GIAff4ID COOPERATION PARTNERSHIPS IN YOUTH Games for Improving Affectivity in Youngsters With Intellectual Disabilities

Project nº BG01-KA220-YOU-000087092

### WELCOME TO THE THIRD ISSUE OF THE GIAFF4ID PROJECT NEWSLETTER!

In this edition, we highlight the significant progress made in our current phase, focusing on the laboratories conducted by our dedicated partners. These laboratories have been pivotal in testing and refining the Game-Based Learning Activities (GBLA) developed to teach Sexual Education and Affectivity to Young Persons with Intellectual Disabilities (YPWID).



















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## Belgium

In Belgium, the laboratories were held at the day care center Les Jardins du 8e Jours, with sessions conducted on two separate days involving 25 participants in total. The game focused on the transition from puberty to adulthood, covering physical changes, personal hygiene, and emotional management. Feedback highlighted the game's ability to foster open communication and understanding sexual health. though of some participants found certain topics challenging. The overall response was positive, with recommendations for future improvements





## Bulgaria

In Bulgaria, NART organized the laboratories in partnership with a local school, involving 19 students and 4 resource teachers. The sessions included interactive card games and activities focused on personal relationships, sexual health, and emotional awareness. **Participants** responded positively, with high engagement and enjoyment, indicating the effectiveness of game-based learning in this context. Feedback emphasized the need for such tools and materials to work with students with intellectual disabilities, making these topics more accessible and engaging

### Greece

In Greece, the laboratories were organized in the premises of Merimna Katerinis. The games and materials designed by EILD training were implemented, focusing on interactive storytelling and role-playing activities. These activities aimed to enhance understanding of personal boundaries, and healthy relationships consent. among participants. Feedback highlighted the effectiveness of these interactive methods in engaging participants and facilitating discussions on complex topics



#### Stay tuned for the next project's activities!







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# Italy

the laboratory was conducted Italv. with "Be&Able," collaboration involvina participants and 4 educators. The session was with structured introduction. interactive activities, and a concluding discussion. The "bodyrule" game was particularly effective in facilitating open discussions about sexuality and personal boundaries. **Participants** showed significant and provided positive feedback, engagement indicating the game's success in making complex topics accessible and enjoyable



## Spain

In Spain, the laboratories were held in three special education schools in Catalonia, involving 37 students and 6 educators. The game "My body my rules" was piloted to teach concepts of consent and personal space. Feedback from educators noted that while students with mild disabilities grasped the concepts well, those with more severe disabilities faced challenges. The activity was well-received, regular sessions to emphasizing the need for reinforce these important lessons

## **Turkey**

In Turkey, ZİÇEV conducted laboratory sessions across multiple cities, involving 12 participants with varving intellectual disabilities. The sessions focused on identifying emotions, differentiating between friendships and romantic relationships, and healthy communication practices. Despite initial shyness, participants became more comfortable discussing sexual topics as the game progressed. The activities were found to be effective raising emotional moderatelv in awareness and fostering a relaxed environment for sensitive discussions



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